

The Anglican Regional Ministry of Saugeen Shores, Tara and Chatsworth

Reverend Carrie writes . . .

Dear friends in Christ,

Autumn will officially begin on September 22nd, but for many, the changing season began back in early September with children going back to school, with the move from a season of walking barefoot in the grass, and along the beach to walking through falling leaves, and apple picking. Rubber boots will soon replace sandals, and sweaters once again will become part of our wardrobe.

Autumn is a vibrant and vivacious season of change. You can't miss it, and it refuses to be ignored. The air cools, and the trees prepare to burst into a spectacular display of colour. Crimson, orange and gold will soon decorate our neighbourhoods and countryside and the full glory of God's created world will be on display. Change is in the air! And in much the same way, our church, and our lives are in a season of change. Change can be exciting, but it can also create anxiety, as the world around us seems to shift, and take on a new appearance.

In the midst of change, finding ways in which to reside in a place of calm is paramount to our health and well being.

We are a people called to prayer, called to praise and called to share. And at the heart of all that we are called to, is the good news of Jesus Christ and His great love for us.



Watching the seasons change from spring to summer, then to autumn, and finally to winter, we can see that God's goodness is inevitable, God's faithfulness unstoppable, just like the changing of the seasons. The beauty of the seasons is that even when we doubt, they still come, and just as God made the seasons to come forth in their own time, so God designed our lives. We are a part of God's plans and promises and God has made and will make everything beautiful in its time.

Lord, we thank you for changing seasons, and for being part of your creation that is full of rhythm and cycles. We pray for eyes to see and ears to hear the

lessons you give to us, in these times of change.

Soren Kierkegaard, a Danish philosopher and theologian once said; "Prayer does not change God, but it changes him who prays." Please come and pray with us, come and worship with us, come and share your experience of good news in Jesus with us, and we will share our experience with you.

God bless,

Carrie+

Second Annual Regional Ministry Picnic at North Shore Park:



Rev. Carrie, on behalf of the parishioners, presented Rev. Ann with a small token of recognition of her recent ordination—a home communion set.

Agnes Stewart, 97 years young, celebrated her birthday, surrounded by her loving family (and church family too!). The cake was delicious! Congratulations “Grandma”!

Everyone present felt God’s loving presence as they worshipped in an evening Ionan-style service, so fitting for the beautiful lakeside setting.

“You mean you blessed the whole lake??”

Yes! Is my answer when people I know asked how Rev. Carrie and I conducted a service of Baptism at the beach in Southampton in July.

After receiving a ‘thumbs up’ from Bishop Linda Nicolls to proceed Rev. Carrie and I set out to make this inaugural event the “best ever”. Ben, Max, Elysse and Rene had all expressed the desire to be baptized and after a few logistical elements to take care of, the event happened on what seemed to be the only rainy day of the summer. But we were all going to get wet anyway!

Max, Elysse and Rene’s family grew up on the shores of Lake Huron each summer (they’re my cousins!) and as such this beautiful shoreline is so special to them. It was fitting that the water, blessed and poured on them is the same water that generations of our family before them had lived, died and have their final resting place in. It was incredibly meaningful to have

the matriarch of the family in attendance (yes, that would be my mother, Barbara).



Ben has joined the St. Paul’s family and he and his mom Terra have found a loving spiritual home. For Ben to gain so many new brothers and sisters in Christ was a moment to be captured in the smile he gave us all when he saw the lantern, candles and sand pail we used in the service. Being marked as Christ’s own forever was incredibly moving for all the participants!



Rev. Carrie and I plan to have this service annually as it was such an impactful expression of our own faith illustrated beyond the walls of the church building.

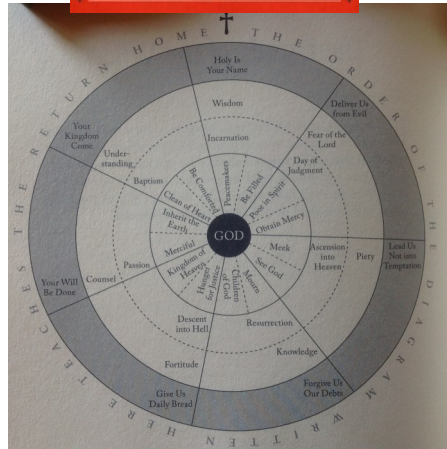
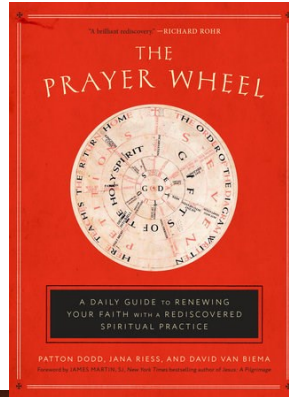
Thank you to everyone who braved the elements that day and had the opportunity to renew their own Baptismal vows at the same time!

Rev. Annie+

"The Prayer Wheel: a Daily Guide to Renewing Your Faith with a Rediscovered Spiritual Practice" by Patton Dodd, Jana Reiss, and David Van Biema

In 2015, a medieval prayer wheel was discovered among artifacts in a tiny New York gallery. The history of this item was researched, uncovering an ancient prayer practice that had been long-forgotten. The authors of this book tell the story of the wheel and its seven pathways of prayer. Then they dust off this timeless circular tool and make it accessible to contemporary pray-ers in a fresh, and biblically-grounded way. It reminds us of labyrinths and rosaries and the cycles of the Divine Office in the way that it takes us back to the simplicity of praying in circles rather than linearly.

The prayer wheel is made up of four concentric circles that rotate around the word "God". The four ele-



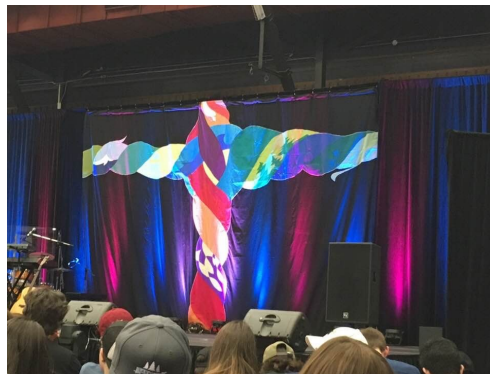
ments include the Lord's Prayer, the Gifts of the Holy Spirit, the Beatitudes, and the key events from the Life of Christ. Seven phrases from each of these elements appear around the corresponding circles and can be used in various combinations. These are very familiar words and ideas that the Wheel invites us to think about, and pray with, in new ways.

The authors offer us a guide to grouping these words together along pathways that personalize our daily prayer journey. They provide seven weeks of devotional material to help readers become familiar with the prayer wheel. Their prayers are simple, but lovely, and connect our ordinary lives to our conversation with God. Please take a look at this book and consider creating your own version of the Prayer Wheel for your personal use. If you are artistically inclined, make it beautiful! This book is new to your resource library at St. Paul's.

Becky Peters (librarian)

Elspeeth—Our Ambassador to C.L.A.Y.:

Hello everybody! As you all know, I went to CLAY this summer. CLAY stands for Canadian Lutheran Anglican Youth. For all of you that don't know, CLAY is a chance for like-minded young people such as myself who want to share our thoughts, experiences, and faith with others in our age range. 800 youth from Anglican and Lutheran Churches from all across Canada gathered in Thunder Bay for this amazing experience. I had the absolute privilege of being able to attend under the Essex home team. I had an amazing time at CLAY! We shared our stories, good and bad,



shared experiences, and finally came together to worship our one true God. I made many new friends and, had so many wonderful experiences throughout my week at

CLAY from the pilgrimage, to the large group gatherings. None of this would have been made possible if it weren't for the generosity from the deanery of Saugeen Shores, especially from our parish. I am deeply and forever grateful to all who donated to the CLAY fundraiser at Synod, and through other donations made in general. Thank you for giving me the chance to go and explore my faith with others.

Welcome Arthur and Sheina!



A very special welcome is extended to Rev. Carrie's parents, who are currently enjoying life in Saugeen Shores. Please welcome Arthur and Sheina Handscomb!



From the Priest Assistant's Prayer Desk

You mean the summer's over? The fall newsletter is coming out? Wow! How time marches on through a spectacular season! As your Priest Assistant, you may not see me all the time in Southampton or Port Elgin, but know that I'm around and being Rev. Carrie's right hand person. We have begun our bi-weekly meetings in the community where we are seen as a clergy presence at a local coffee shop or restaurant while conducting a catch up meeting.

In the past months, I have had the opportunity to preach in Chatsworth at the summer Community service, take services at Chatsworth's Country Lane and most recently at the Tara Fall Fair Ecumenical service. Both were amazing opportunities to spread the Gospel and be that Anglican presence in the community. What do we mean by an "Anglican Presence"? You know I'm not exactly sure about that, to be quite honest. What I can tell you is that worshipping with others in joint or



community services swells my heart with pride when I see so many gathered together in His name. How wonderful it is to meet so many from the surrounding community when they gather. I love hearing the history of each person as they tie it to the place that they were born or live. It's our collective history that makes our church what it is and such a joy to share in conversation with others.

As my "outside church" life has changed with my retirement from PRANCE, I now have time to focus on more reading and my chaplaincy work in Owen Sound. From September to April I will be participating in a second level chaplaincy course offered through the Canadian Association of Spiritual Care in Owen Sound. This is an excellent opportunity for me to learn more skills and "tools for my pastoral visiting" toolbox.

Church life in the Regional Ministry is never dull! With the summer special services of a Baptism in the lake and a wonderful picnic it has been a fantastic few months and I am so looking forward to the fall!

Shalom,
Rev. Annie+

Thank You So much!

Quite a surprise at the Regional Ministry Picnic in August to receive a home communion kit of my own. I am honoured to receive such a gift and will use it with your blessings!

Rev. Annie+



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