

The Anglican Regional Ministry of Saugeen Shores, Tara and Chatsworth

“But I will sing of your might; I will sing aloud of your steadfast love in the morning. For you have been a fortress for me and a refuge on the day of my distress. O my strength, I will sing praises to you, for you, O God, are my fortress, the God who shows me steadfast love.”

Psalm 59.1 6,17

Dear Friends in Christ,

As I sat in choir practice yesterday, I was reminded of the overwhelming joy I felt as a child the first time I participated in a church choir. It was a moment of awakening, of joyful awareness, that this person or being called God, who I had simply heard about, became someone who I felt. I felt that presence through the music, not so much the words, but how the music itself hung ever so delicately in the air around me, in the very air I drew in. It settled deep within me, and I felt peace. I still catch my breath when I think about it. The God of the Bible became my God, my joy, and my Savior.

Joy and proclamation go hand in hand! How can we witness or offer our experience of God without joy? The good news of the bible is that God loves us, wants to be in relationship with us, and through the life, death and resurrection of Jesus, makes us enough!

And in that outpouring of love, God equips us! God gives us enough, to go out and share His love through our own experiences of that love.

On Sunday July 7th, we will gather and worship with The Rt. Rev. Linda Nicholls, Bishop of Huron. We will gather in Southampton at St Paul’s, and offer our joyful thanksgiving for 160 years of ministry in this place. “Called to serve” is the theme of our celebration, joyfully proclaiming the delights and the struggles of answering God’s call here and now, celebrating the history of that call, and celebrating the promise of that continued call.



All across our Regional Ministry, we celebrate long histories of answering the call of God, joyfully proclaiming God’s presence and activity in our lives and communities. St Paul’s Chatsworth dates back to 1849. St. Paul’s Southampton dates back to 1859. Christ Church Tara dates back to 1877. St John’s Port Elgin dates back to 1886.

Through our words and actions, we tell our story of relationship, with God and with one another. Thank you for your faithful and joyful proclamation of God’s love! Thank you for the gifts and joys you bring to your community, and to our worshipping life together! Thank you for being a part of the call to

serve in God’s Kingdom.

Blessings,

Carrie+

Watch for it! Our New Regional Ministry Website Going LIVE any day now!

www.BestEverAnglicans.com

Brenda Dimoff –Our New Director of Music:

My husband Peter and I have lived in the Grey/Bruce area for 30 years. We now reside in the Mobile Home section of LutheRanch, a church-based camp. We lived and worked in Kitchener/Waterloo for the first 14 years of our marriage. We have three sons and seven grandchildren.

I was brought up and trained musically in the Lutheran Church. The Kitchener/Waterloo area is rich with German Lutheran heritage and very strong musically. I was privileged to have had the opportunity to start my musical training at a young age of 7 through one of the only Choir Schools within a Lutheran Church in Canada, St John's Lutheran in Waterloo. At this school we learned history of church music, theory, singing and choral technique. We had examinations and special concerts.

I started my piano training with Joseph Herdman's wife. He was organist and choir director for a short time at St. John's Lutheran Church in Waterloo. I believe Joe was organist at the Anglican Church in Southampton many years ago. He was my first junior choir director. When he left St. John's, Mr. Douglas Campbell became the Director of Music and also founder of the Choir School. I credit my church music training to this man as he instilled in me a love for the music ministry of the church.

I was heavily involved during high school years playing in the bands, singing in the choirs and on stage in musicals. I received the Music Merit Awards for both my Grade 12



and Grade 13 years. I continued my piano studies with Douglas Campbell, earning my ARTC Piano Performance. I also studied organ and vocal until university. I enrolled at McMaster University in the Music program where I studied piano and vocal.

During that time I was employed part time at a music store in Waterloo as an organ teacher and became full time eventually in sales of organs and pianos and teaching.

From the mid 70's until 1990 I had positions of Organist and Choir Director at Lutheran churches in the KW area until we moved north. After a short hiatus I became Organist and Choir Director at St. Peter's Lutheran in Warton and Trinity Anglican Warton and most recently in Owen Sound.

In 2002 I retired from formal church music to become Music Director for

the Owen Sound Little Theatre. I was Director of the Sound Troupe, the accompanist for the Youth Theatre Coalition, accompanied the Sauble Singers, my husband Peter and I sang with A Cappella Chamber Choir and I assisted the West Hill Secondary School music teacher with accompanying the choirs for festival and preparing musicals. I taught piano and vocal privately at Hepworth Central School and Peninsula Shores High School.

I have been a church musician all my life no matter where my family has moved. I will continue to express my faith through the music ministry of any church we attend and look forward to my association with your church fellowship.

Living our Mission—TEACHING:

Vacation Bible School

St. Paul's—Thursday Afternoons from 1:30—3:30 PM

July 18, 25, Aug 1, 8, 15—All children age 5-10 welcome!

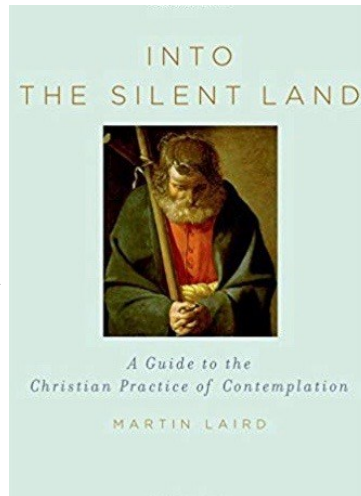
Call the Church Office to register 519-797-2984

Book Talk:

Into the Silent Land: "A Guide to the Christian Practice of Contemplation" by Martin Laird

If you have tried Centring Prayer and struggled with distractions in the effort to cultivate inner stillness – this is the book for you! Martin Laird has an uncanny ability to put his finger on the obstacles which impede our journey into the silence of God. These challenges are approached as riddles that must be successfully negotiated in order to gain entrance through the doors that apparently block our pathways into deepening contemplation.

Laird insists that we are designed for communion with God. This practical guidebook assumes that Centring Prayer is the homeland of our souls. We enter the land of silence through surrender. How do we surrender to silence when there is so much inner chaos? Laird methodically shows us how to approach the world of distractions and teaches us how to let go. He quotes from saints and sages past as well as provides anecdotes about contemporary pilgrims. We are invited to travel along in communion with others who are seeking the still-



ness of God.

Our separation from God, asserts the author, is illusion. This God we desire has already found us. This truth is the source of our desire for union with God. It is something to be realized rather than acquired. "The grace of salvation, the grace of Christian wholeness that flowers in silence, dispels the illusion of separation."

This book discusses the ways in which the body's own physical stillness in prayer contributes to the cultivation of inner stillness. It also explains how a chosen prayer word can address the problem of the wandering mind and provides practical wisdom in dealing with a myriad of distractions. Silence lays bare our wounds. And these, too, are doorways as we find companionship in the Crucified and Risen One who silently presides over the unfolding liturgy of our wounds.

An opportunity to explore Centring Prayer will be offered each Wednesday morning at St. Paul's beginning July 10th at 10 am. Come and

try it for the first time, or try it again for the first time! There will be some brief instruction provided each week to guide us into this prayer practice. For further information please contact Martha Bowden or Becky Peters.

Respectfully submitted,
Becky Peters (on behalf of St. Paul's Resource Library)

St. John's 43rd Antiques, Vintage & Collectibles Show and Sale

*Step back in time at The Plex,
600 Tomlinson Drive*

Friday, July 19: 10 am—5 pm

Saturday, July 20: 10 am—4 pm

Lunch Room—homemade pies, soups,
pulled pork, and famous rhubarb punch!

\$7 adults, includes \$1 coupon for lunchroom

\$5 seniors (60+)

Kids Free

Ticket good for both days

Called to Serve in This Place for 160 Years!

You are invited to join St. Paul's

in celebrating its 160th Anniversary

Sunday, July 7 at 10:30 AM

Rt. Rev. Linda Nicholls, Bishop of Huron

will be leading our morning worship service and
dedicating our labyrinth and butterfly gardens.

A fish fry luncheon will follow the service
and dedications.

This will be the only service in the Regional Ministry

on July 7.

From the Priest Assistant's Pew

"Being a Representative"

I love logos. I've always been fascinated by how they look and the ability of the craftsperson to make meaning out of the lines, colours and shapes that the logos represent. I often have a logo on my clothing. I took the leap a few years ago to permanently ink some meaningful marks that can be reflected on. I find joy in explaining what those marks mean to me.

Over a year ago, Grey Bruce Health Services in Owen Sound launched an "Inspired by Passion" campaign, highlighting various departments throughout the facility. I was asked to represent the Spiritual Care department. The accompanying poster appears throughout the hospital. I continue to be honoured to represent something that I believe is so essential to our lives, especially when in the hospital. Spiritual Care is an often unsung and unrecognized part of the umbrella of health ser-

vices in the hospital. In my role at the Owen Sound site, I offer a time of reflection, meaning-making or simply being present to those having chemotherapy or waiting for or

recovering from tests or surgery. I have had the opportunity to represent or be a logo for something I believe in. I continue to enjoy journeying pastorally with each person I meet in the hospital, whether they be a patient, family member or visitor.

Being a representative, being seen as someone who stands as a logo for something is exciting stuff! Do you see yourself as a logo? Do you represent something in your everyday life? We are all called as children of God to be a logo for Christ. In what way can you be a representative of Christ to your family and your community? It's not hard! And ...

INSPIRED BY PASSION

Ann Veyvara-Divinski

Occupation: Spiritual Care Provider
From: Toronto
Years of Service to GBHS: 2
Hobbies/Interests: Reading, the outdoors, nature

Ann Veyvara-Divinski has gone from attending the sick as a health-care practitioner to tending to their spiritual care.

The recently ordained Anglican Church priest, who is the Spiritual Care Provider in the GBHS Cancer Centre at the Owen Sound hospital, spent 25 years in a Toronto hospital as a pulmonary function technologist and respirology researcher.

Her long career in healthcare both "helps and hinders" her chaplaincy work, she said, "because I still do a full body scan of someone to see how they're doing and look at their blood pressure and everything. I actually had to train myself not to do that because now I'm looking at their spiritual well-being. I care about their physical health, but there are nurses and physicians to do that. My job is to see how they're doing spiritually."

Ann sometimes joins those in the cancer unit's waiting area to see if she can offer support. She'll strike up a conversation and look for clues if someone wants her help.

"Many people who get a life threatening diagnosis in their lives all of a sudden find spirit. Spirit may not be God. Spirit may be the spirit of nature or the spirit of loving life. They're also looking for something that will support them through this time of crisis," she said. "I want to tell them that they're not alone. That there is something, someone, an entity, that will be supportive through their journey. And if it's me as a human being, being able to provide spiritual sustenance, awesome. But maybe it's helping them refocus on who they are and where they're going."

“ There's a way to know when someone is tied in knots, you can sometimes feel the energy. And at that point I may go over and introduce myself and say 'Hi, I'm the chaplain.' ”

GREY BRUCE Health SERVICES

We CARE. We LEAD.

the benefits are awesome!

Shalom,

Rev. Ann Veyvara-Divinski

St. Paul's Anglican Church, 248 High Street, Southampton, ON, N0H 2L0 519-797-2984

St. John's Anglican Church, 516 Mill Street, Box 1059, Port Elgin, ON, N0H 2C0 519-832-5757

Christ Church, 56 Bruce Road 17, Tara, ON, N0H 2N0

St. Paul's Anglican Church, 57 Toronto Street (Hwy 21), Chatsworth, ON, N0H 1G0

To contact The Rev. Carrie Irwin (Rector): Cell Phone: 519-377-3664; Email: anglicanrector@bmts.com

To contact The Rev. Ann Veyvara-Divinski (Priest Assistant): Cell Phone: 519-375-1816; Email: aveyvara@hotmail.com